# NOVEMBER 2021

## Kid’s Café Lunch Menu

### MONDAY
1. 2 oz. Beef Hamburger
1 oz. WG Bun
½ Cup Seasoned Potatoes
½ Cup Fruit Cocktail
8 oz. Milk
2. 3 oz. HM Buffalo Chicken Dip
1 oz. WG Tortilla Chips
½ Cup HM Cowboy Salad
¼ Cup Apricots
8 oz. Milk
3. 1 Cup WG Mac and Cheese
1 oz. WG, 2 oz. M/MA
½ Cup California Medley
½ Cup Peaches
8 oz. Milk

### TUESDAY
1. 2 oz. Turkey BLT
1 oz. WG Bun
½ Cup Green Bean Salad
½ Cup Sweet Cherries
8 oz. Milk
2. 2 oz. Turkey Pastrami and Provolone
1 oz. WG Bun
½ Cup 3 Bean Salad
¼ Apricots
8 oz. Milk
3. Chicken Patty Sandwich
1 oz. WG, 2 oz. M/MA
½ Cup French Fries
¼ Cup Peaches
8 oz. Milk

### WEDNESDAY
1. 2 oz. Chicken Caesar Salad
1 oz. WG Biscuit
½ Cup Sweet Cherries
8 oz. Milk
2. 2 oz. Sliced Turkey and Cheese
1 oz. WG Bun
½ Cup Green Bean Salad
½ Cup Sweet Cherries
8 oz. Milk
3. Cheese Ravioli with HM Alfredo
1 oz. WG Bun
½ Cup Sweet Peas
¼ Cup Peaches
8 oz. Milk

### THURSDAY
1. 5 each Baked Chicken Nuggets
1 oz. WG, 2 oz. M/MA
½ Cup HM Corn and Red Peppers
¼ Cup Peaches
8 oz. Milk
2. 2 oz. Turkey BLT
1 oz. WG Bun
½ Cup Green Bean Salad
½ Cup Sweet Cherries
8 oz. Milk
3. 3 oz. HM Beef Tamale Pie
1 oz. WG Combread
½ Cup Fiesta Black Beans
½ Cup Pears
8 oz. Milk

### FRIDAY
1. 2 oz. Buffalo Chicken Dip
1 oz. WG Tortilla Chips
½ Cup HM Cowboy Salad
¼ Cup Apricots
8 oz. Milk
2. 1 Cup WG Mac and Cheese
1 oz. WG, 2 oz. M/MA
½ Cup California Medley
½ Cup Peaches
8 oz. Milk
3. 3 oz. HM Beef Tamale Pie
1 oz. WG Combread
½ Cup Fiesta Black Beans
½ Cup Pears
8 oz. Milk

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1% white milk offered. Nutrient content and ingredients are available upon request. No Pork or nut products offered.